

20.10.04 - Trust The Plan

ANCIENT AWAKENINGS – PREPARE FOR CHANGE Sunday Call 20.10.04 (St. Germain, OWS, Shoshanna) James & JoAnna McConnell

SAINT GERMAIN (Channeled by James McConnell)

I am Saint Germain. As always, it is a pleasure to be with you. To be able to share. To be able to open up new vistas, new understandings for you to come to.

For as you are contemplating much that is happening now across your planet, as you are looking at the scene in front of you and wondering, your third dimensional consciousness is wondering what is happening? Why is this happening? Why can't we just get on with it? Many of you ask that question—why can it not just be over? Why can we not end this game now?

And the answer that comes back to you in those moments may not be the answer that you were looking for, but you know that it is the truth. You know that you must continue to play the game for a little bit longer. And to be able to, as you said in your discussion earlier, trust the plan.

The plan is everything. The plan has been in motion for thousands and thousands of years, and that is just for this planet here. That is just for this planet. But there is the greater plan, the universal plan, that has been in existence for millions, and even billions and billions of years. And it is all focused now, in this moment now that you are in. All is coming together exactly as it needs to. As you have heard many times, everything is being orchestrated. So just trust, now. Trust in that.

And look out at everything that is happening, but just look at it—do not become involved in it. Do not become emotionally involved in it. Just see it for what it is. But know that so much that is happening behind the scenes still yet today is, again, part of this plan.

And right now, there is a secret operation that is going on, that is occurring. And it is even beyond the scope of what you could possibly come to understand at this moment, because it is so vast. It is so much a part of a vaster plan, here, that is occurring.

And all you need to do is just trust. Trust in yourself. Trust in the knowing within each of you that you have planned and worked to come to this moment in your lives, and this moment in your collective lives.

This is what you came here to do. And you are right now at the cusp of that, right now where you are approaching. We cannot say The Event just yet, but it is approaching. We cannot give you a date. We cannot give you a time frame. But we can say that everything is leading up to

that now, even the announcement that you just had of the President. Even that is part of all of this.

But again, you must trust. You must know that there is a bigger reason for everything, here, no matter what it is. But we can tell you, I can tell you, that what is happening now with your president, he is going to come through this. It is not even a remote possibility that he will not make it through it, because it is a planned operation, you must understand that. It is all planned. And it is all part of the greater plan, the greater operation that is in motion now. Secret as of yet, but soon to be revealed.

Could this be the great announcement that has been spoken of? Very possibly. But there is a series of announcements that will be coming. One after another. And this is the ending of one phase now, and approaching the beginning of the next phase.

And the next phase will bring even faster announcements, faster developments than you've become accustomed to. One right after another is what is going to be happening, here. So when we say for you to 'fasten your seatbelts because the going is going to be rocky,' we have not been joking about this, as you have already seen in this year that you are in now, in your 2020 year. This has been quite a rocky year, and it still may yet get rockier.

But, once that happens, it will all smooth over, and you will be able to unbuckle those seatbelts and give a huge sigh of relief and be able to sit back and truly come to a rest. Because you will have earned it.

You are all in that part now where you are earning your keep, so to speak. You are coming to the point where you are reaching the level, the awakening, that you have been preparing and planning for as a whole, as a collective whole.

True, not everyone will awaken. And all certainly not at the same time. But many, many more are in that awakening process right now. All it takes is just a little nudge here and there. And that's where you come in: you, the Lightworking Community, the Light Warriors--that's where you come in. To give that little nudge when it is called for. Even if it is just taking off the mask and showing others that you do not need to wear them, or not worrying about this virus. For you know it is not what it appears to be.

Everything that is happening right now is not what it appears to be. If you attempt to analyze, if you attempt to use your three-dimensional mind to come to understand this part of the plan, you will not be able to.

But, if you rise above it, if you raise your vibrations and rise above it, and come to it from a 5-D experience, from a 5-D outlook as we do, then you will be able to look back down at that lower vibrational dimension and begin to make sense of it. It will become understandable, because you will be looking at it from that neutral point, from that point within the moment. Whenever you do that, then everything, and I do mean everything, makes sense to you.

I am Saint Germain, and I release this channel now to your One Who Serves.

Just continue to move in the direction that you are. And do not give up! No matter what it is, do not give up! Do not say, "I cannot handle this anymore," because you can! You can continue to move on. You can continue to forge ahead. Because, my friends, you are the Way-Showers! Show the way, now!

ONE WHO SERVES (Channeled by James McConnell)

Om, mani, padme, hum; om, mani, padme, hum; hum, hum. Greetings to you! One Who Serves here. Shoshanna here. And we are ready to move ahead with your questions. And we hope we would have the answer for you.

But always understand, just as Saint Germain has said here, do not attempt to analyze everything from your 3-D point of view. Rather, raise yourself into the fifth-dimensional understanding and vibration, and then everything begins to make more sense to you, because you are then working from within the moment. And whenever you are within the moment, everything works out, everything. Okay?

Do you have questions here for One Who Serves and Shoshanna?

You can unmute your phones now (we always forget to throw that one in), so that you are ready to be able to converse with us if you wish. Is there anyone out there?

Guest: I think people are automatically muted. They have to push *2. Can you hear me?

OWS: Yes, we hear you.

Guest: Okay.

Guest: One Who Serves, while we are waiting for people to get on the phone, could I ask the e-mail questions?

OWS: Yes you may. Yes.

Guest: Thank you. The first question is from a person who understand there are first-timers on Earth, and is asking where do they come from, and can you please tell us about them?

OWS: What your question though is mainly referring to is those that come into existence in the 3-D realm for the first time. So understand that even those that come into this experience for the first time in a 3-D expression have expressions, or have experiences long before this. You

come from many different systems and dimensions, and all of this. So it does not have to be from the 3-D world that you have originated from.

In fact, no one has originated really from the 3-D dimension. You have all come from higher vibrations. You began from light. Light is high vibration. So you came from that, and you allowed yourselves to come down into this 3-D realm here in this lower vibration. And those that have never been in this 3-D lower vibration, it is a new experience for you.

And we would say, though, that most of you on this call, and most that will resonate to these words, you have all had experience before in this 3-D realm, here. A few maybe were what would be considered watchers, and all of this, but many of you have experienced this before. So it is not new to you.

But those that it is completely new to you, then it is not to be of concern here. If you are feeling this that that is the case, then likely it is. But it is really no different than what others would be experiencing here now.

You are here for a reason. That is what we are trying to say, here. You are here for a reason, part of this plan. Just as those that have been involved in this evolution here on this planet for many, many lifetimes. All part of the greater plan, here, okay? Shoshanna, do you have anything to add?

Shoshanna: (Channeled by JoAnna McConnell)

We will add that the being that you are, that all beings are, are a collective consciousness of all experiences that are contained in the record of the soul. And if some being shows up on this planet, it is their decision to participate in the experiences that are provided by this planet, and then bring those experiences back to the collective consciousness of the soul as part of the journey of advancement. Namaste.

OWS: Very good. And your other question here from your e-mail?

Guest: Yes. The person is asking, is there any force keeping twin flames apart?

OWS: The only force that is keeping twin flames apart is vibration. Vibration is all there is. Vibration and consciousness. So if twin flames are not able to come together, it is because the vibrations are so separate, or different, here. There must be a sense of like vibration coming together. And that is what is happening with you all in your Light Community, is like vibrations are drawing each other together, here. So it is no different than with your twin flames. As you raise up in vibration in your Ascension process, you will come to a vibration that is similar then to your twin soul, or your twin flame. And at that time the reunion can take place. Okay? Shoshanna, do you have perspective here?

Shoshanna: We do not add here.

OWS: Very good. Then we are done with those questions. Is there anyone that wishes to ask a question now on your phone call, here?

Guest: Can I ask a question? Can you hear me?

OWS: Yes? Yes, we hear you.

Guest: Good. I Just wanted to ask, probably what is on the minds of everyone. Does President Trump actually have Coronavirus, or is it just a cover up for something?

OWS: We would wish, or we would like to be able to answer that question, for we do know the answer, here, but we are forbidden to be able to share that understanding with you at this time. You will come to answer that question on your own very shortly, here. So it will not be anything to be of further concern, here.

You have to understand that we have the Prime Directive, just as well as the Galactics have the Prime Directive to work through. We may not call it the Prime Directive as they do, but it is very similar in scope, here. We cannot do for you what you can do for yourselves. Okay? Shoshanna, any perspective?

Shoshanna: We will add here. May we add, Dear Brother?

Guest: Of course.

Shoshanna: The one known as Trump is participating in a plan. He is participating in a movement of a plan to create a higher level of understanding to move forward the greater plan of Ascension. This so-called virus, it does not matter whether he has it or he does not have it, he is participating in a decision to move consciousness forward, and that was the decision that was made to do this. Namaste.

OWS: Very good. Would there be other questions, here?

Guest: I have a question.

OWS: yes?

Guest: My question is a little off the subject. But I've often wondered about the scripture which was in the New Testament, which was John 3:16, and the scripture goes this way: 'For God so loved the world that he gave his only begotten son, that whoever believeth in him should not perish, but have everlasting life.' And my question is, when it said, 'my son,' wasn't there an 's' on there, 'sons?' Instead of son? I think most people thought he meant that that scripture meant Jesus alone. But I have a feeling he meant all of us as being the sons, is that true?

OWS: You already know the answer to this one, Dear Sister, because you are saying it, here. And you have known this for some time.

There are those that feel that he was the only begotten son, the only begotten one of God. And that, of course, was meant to control. It was meant for control, and has been, all of this time in your various religions. But it is certainly not the case.

Because it is not so much the sons with an 's' on the end, but it is all of mankind, all of life. Not only here human life, but all of life are the sons and daughters of God, of Prime Creator, you see? All came from Prime Creator in the very beginning.

In the beginning there was light. And light came from unmanifested darkness. Unmanifested. There was nothing, and no thing. And that became light. And light then began creation. And all came from that creative spark in the beginning. Okay?

Guest: Oh, that was great! That was much more than I realized. Thank you so much!

OWS: Yes. Shoshanna, do you have anything to add, here?

Shoshanna: We will add, if we may. May we share, Dear Sister?

Guest: Yes, please do.

Shoshanna: Dear Sister, all of the scriptures that have been translated from the original scriptures that were in languages that even the highest and most brilliant scholars could not really interpret or translate the meanings because the original scriptures were written in light language. And the language, even though we had a name for it, was impossible to translate into common English, you see. And, the ones that were translating these scriptures knew that they could manipulate the words, as One Who Serves indicated, to somewhat control those that would follow these scriptures, you see.

The meaning of John 3:16 is this: that the Source, the God of your world, so loved the world that he imbued all that would participate in this world with divinity, with the characteristics of God himself/herself, so that those that participated could discover their divinity and rise above their own human limits and become the gods that they are. That is truly what was meant by this scripture. Namaste.

Guest: Well, thank you so much! That just pleases me. Thank you so much. That is great.

Shoshanna: Yes. Namaste.

OWS: Wonderful. Do we have further questions here?

Guest: I have a question.

OWS: Yes:

Guest: Can I ask a really personal question, or should I not?

OWS: You can always ask. We may not answer though, but you can ask.

Guest: I am having a rough day physically. I have had issues with chronic pain for many years. And I have gone off pain medication quite a while ago, as everybody pretty much knows. And I am to the point where I am down to taking almost nothing. And I am in pain, like I can't even touch my legs or my spine. Can I handle this myself? Can I literally just heal myself? Is this in my head?

OWS: Shoshanna, do you wish to address this first?

Shoshanna: We can share here. May we share, Dear Sister?

Guest: Please, please, yes.

Shoshanna: The body manifests from the higher realms, you see. So the body is like the last thing that will hold the symptoms that you have.

So you see, when you say, "is this in my head?" It is much higher than that. It is part of your history, you see.

You may be participating in the memories of other lifetimes that caused these symptoms to occur, and these pains to be embodied in the physical body that you hold now.

We would tell you that you must find the source of these things to heal them, you see?

And there are small things that you can begin to do. And that is to forgive all that have ever participating in hurting you and causing you pain. And there are many in your life and other lifetimes that have participated in causing you pain that you hold in your body, you see.

So the first thing that you must begin to do is forgive yourself, and forgive others that have caused you any pain. And you must do this in every moment of your life. When you feel angry, frustrated, like you wish to blame someone in your life for causing you pain or anger or frustration, you must immediately release this thought, and release it to compassion, and love, and understanding. And as you do this, the pain will begin to dissipate. We find that you are holding on to old pain, to old hurts.

In the meantime, there are many remedies that are herbal remedies that can cause you some relief here, that will not interrupt the biochemical issues that are interrupted by pain pharmaceuticals and poisonous pharmaceuticals that are called pain pills in your realm, here.

There are many. You must investigate this, and you must begin to use these herbal compounds continually to alleviate these pains that you feel.

The other thing that we are finding is that if you participate, if you find a massage therapist, a good one, that can massage your body, you will begin to release and view and see these hold hurts and pain that you embody in your body, and you will begin to see the origins of these and begin to release them. But you must get body work, as well. Does this make sense to you?

Guest: Absolutely. I never thought of that. Thank you so much. That's huge.

Shoshanna: That will help you. And Dear Sister, the one, JoAnna, who is speaking for us, will send you a website link to herbal remedies that you can research yourself that will diminish these pains somewhat so that they are not so difficult for you. But we will emphasize that you must get body work. Namaste.

Guest: Thank you.

OWS: We would add here that you can also, as Shoshanna originally began with, in terms of source of all of this. Everything she has given is wonderful, and yes, we would certainly suggest to do that.

But there is a pattern that you came in with in this lifetime. It is a memory pattern. And it has been taken on into your cellular structure, here. And that is why you have had difficulty in releasing it.

All of the ways she has given can help to do this. But if you could go back to the source of all of this. We know the source, but we cannot give that to you, you must come to that on your own. But the source is in a past life. And it is something that you can go back and remember the past life, and then release the memory. The memory is there. And you can literally change the memory of it in that past life, and then it will not reverberate further into this present life. Then, everything that you do to work with your body at this time will have much more beneficial effects of it, because you will not be dealing with that memory pattern, here. Okay?

So find someone. You can even use The James, here, if you wish. You can do this over the phone. You can do that. Or you can find someone in your area that is able to do past life regression. We do not suggest hypnosis directly, although that could possibly be beneficial too with the right hypnotist. Okay?

But past life regression, going back to a particular memory. You can find that by asking your Higher Self to assist you in this process. And you can go there, bring the memory up, why this is happening now. You will understand it at that point. And then you can release the memory. Okay?

Guest: Okay, great. Okay, thank you very much.

OWS: Yes. Very good. Would there be any other questions here now before we release channel?

Guest: I have a question. When we were at Mount Shasta, and we were accomplishing our loop, going up, we were approached by a cute little lady telling us the exact place to go. I am curious who she was. But the next thing I want to ask is, coming back down, when we finished the loop, there was a very energetic, older man jogging by us, he was smiling and happy. One of us mentioned, wait a minute, you look like Adama, come back here.” He said, “no, I don’t have any of those parameters.” Then he ran off. My question is, if you are allowed, can you tell us who he was? I personally feel it was Saint Germain, because Saint Germain told me that morning that we would see him that day. So I was just wondering if you are allowed to tell us who he was. Thank you.

OWS: Dear Sister, we sincerely wish we could tell you this, but you must come to this on your own, and trust yourself. Trust whatever it is that is coming to you. But understand that everything is a part of the plan, here. Everything is, again, happening for a reason: why you were there, what you experienced, what you felt. All of this was part of the process there. So as to who these ones were, or why they were there, do not question that. Just know that the message is what counts, here, not the messenger directly. Even if the messenger was who you are saying, and we are not saying that he was, or she was. Okay? Maybe Shoshanna can give you other perspective on this.

Shoshanna: We can share here. May we share, Dear Sister?

Guest: Yes, please. Thank you.

Shoshanna: Dear Sister, you are a being that can see past things that others cannot see. You are a being that has been given connections that allow you to make those connections for your own personal growth. The experience that you had is an individualized experience that has nothing to do with the others that were with you, you see. So your experience of these people, this man, this jogger, was just for you! It was not for others. And you felt that connection. So you must allow your process to take place so that you can understand further what the message was for you, and how to use it to further forward your own consciousness. Does this make sense, Dear Sister?

Guest: That was very interesting. Thank you very much. I will consider that. Thank you.

Shoshanna: Namaste.

OWS: Very good. Are there any further questions, now? Then we are ready to release channel. Shoshanna, do you have parting message, here?

Shoshanna: We do not.

OWS: Very good.

Then we would say to you, each and every one of you, to just continue carrying on. Just continue moving through your life, being in the present moment as much as you possibly can, and allow the process. Allow the plan to continue to work out. Because it is working out, exactly as it needs to.

Someone said earlier there is Plan A, B, C, D, E, and so on, and yes there is. But is all part of the greater plan. There are just certain offshoots of that plan, we will say, within. Different detours along the way. And these detours can be the Plan B, C, D, E, etc. And know that it is all coming together as part of the greater plan, here. And all working out exactly as it needs to.

So be of good cheer. Again, sit back. Get your popcorn out. Continue to watch the movie. Because it is a movie that is playing in front of you, and is going to have a wonderful ending.

Shanti. Peace be with you. Be the one.